

This course is provided by Wessex Psychotherapy & Counselling whose dual purpose is to provide counselling, group work and accredited Christian counselling courses guided by values, aims and methods consistent with biblical teaching

It is recognised by the Association of Christian Counsellors and accredited by the National Open College Network at **NOCN Level 2**, and is intended as preparation for the Certificate in Counselling (NOCN Level 3).

Course Content

The course is for those who want to understand a Biblical method of counselling and pastoral care, and begin to develop their listening skills. By the end of the course we hope that participants will be able to:

1. Define a Christian model of counselling based upon the work of Larry Crabb.
2. Use the skills of attending, active listening, empathy, questioning and summary.
3. Discuss the importance of both confidentiality and the particular qualities of an effective counsellor.
4. Outline of major counselling theories.
5. Explore their own reactions to the course material and develop general self-awareness.

Please note that 100% attendance is required in order to receive the course certificate.

Venue

Sturminster Christian Fellowship
The Row
Sturminster Newton
Dorset DT10 1AX

Refreshments

Drinks and biscuits will be provided but please bring your own lunch.

Course dates and cost

See insert

Application

Please complete the form printed opposite. Further application forms can be found on our website www.w-p-c.org.uk

Or contact:
Wessex Psychotherapy & Counselling CIO
20 Woodlands
Hazelbury Bryan
Sturminster Newton
Dorset DT10 2DD

Tel: 0774 702 4880
Email: admin@w-p-c.org.uk

Booking Form

Before considering attending the course, please note that we need the recommendation of your church minister or pastor. The course is designed for people who need counselling skills for use in their church or profession.

Surname:

Title: Mr/Mrs/Miss/Ms

First Name:

Address:

.....

..... Post Code:

Telephone: Home

Work

Email:.....

Occupation:

Church:

Pastor:

Do you have any special needs (dietary, learning, seating etc) or any disability?

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Are you currently pregnant YES / NO

If so we may need to talk to you about the timing of this course.

I enclose a cheque for £.....

payable to **'Wessex Psychotherapy & Counselling'**

Signed:.....

Date

Pastor's / Minister's comments and recommendation

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Name, address and signature of pastor/minister recommending you for the course (Please print clearly)

Name:

Address:

.....

..... Post Code:

Signed:.....

Date

Please return to:
Wessex Psychotherapy & Counselling CIO
20 Woodlands
Hazelbury Bryan
Sturminster Newton
Dorset DT10 2DD

Course Trainers

David Sinclair

MA in Integrative Psychotherapy Registered MBACP (Accred), Diploma in Counselling Supervision. Accredited Counsellor, Psychotherapist & Supervisor. David has a wealth of experience in counselling, supervision and training and is the Service Manager of WPC. He has lectured nationally and locally in professional, higher education and church settings.

He will be joined by other experienced counsellors and trainers from WPC.



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Wessex Psychotherapy & Counselling CIO
Registered charity number 1159779

Introduction to Christian Counselling

Meeting NOCN Level 2 requirements

Presented by

Wessex Psychotherapy & Counselling